



SAINT. BRIGID'S NATIONAL SCHOOL

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Chairperson:
Mrs. Helen Spillane

Principal:
Mr. Denis Courtney M.Ed

Deputy Principal:
Mrs. Noelle Mac Donagh B.Ed

Dear Parent/Guardian,

St. Brigid's National School is pleased to announce the continuation of its Rainbows Programme. This programme consists of a series of weekly support groups for our pupils who are suffering pain or loss due to either separation or death in the family. There will be 12 meetings starting in the November for children from **First to Sixth Class**. Bereavement groups and Separation groups are kept separate.

When something significant happens in a family everyone is affected. While death or separation appears to be adult problems, experience shows that they have a profound affect on children regardless of age and short life experience.

Rainbows provides a safe setting in which children can talk through similar situations and come to terms with the many emotions they are experiencing in the normal grieving process. More information can be found by visiting <http://www.rainbowsireland.ie>

If you would like your child to participate in this programme please fill in your details below and return this letter in an envelope marked Rainbows to the school office before October 20th 2017.

Yours sincerely,

Melissa Stokes.

I would like my child

to participate in the RAINBOWS programme if a place is available this year for his/her age group.

Class Level:

Class Teacher:

Reason for attending RAINBOWS:

Signed (Parent/Guardian):

Email Address:

Mobile Number: